

Please also note...



that you are not allowed to actively participate in road traffic for 24 hours after the procedure and are not fully legally competent. Do not drive vehicles or operate machinery during this time.



that a second adult must be present in your household during this time to assist you. Take it easy during this time and do not drink alcohol.

How to find the outpatient surgery area

The outpatient surgery area is located in Building A3. You can use our interactive indoor navigation system to navigate directly to the registration desk and your companions to the pick-up area.

Registration



Pickup



Outpatient surgery

How to prepare for your appointment in the outpatient surgery department at UKJ

Dear patients,

Numerous procedures can be performed in the outpatient surgery department at Jena University Hospital without you having to be admitted as an inpatient. You will usually be able to return home on the same day. Outpatient surgery offers you various advantages, including faster recovery in your home environment, early mobilisation and a lower risk of infection.

This flyer contains information on preparations, the procedure on the day of surgery and advice for the period after the procedure.

We wish you a speedy recovery after your procedure!

Your outpatient surgery team



Before the operation...

- Arrange for an adult to accompany your child for the first 24 hours after the outpatient operation.
- Discuss pausing medication (home medication) with the anaesthetist.

On the day of the operation...



You must be in good health.



You must be sober, i.e. you must not

- eat, smoke, suck sweets or chew gum for 6 hours before the operation; juices or coffee with milk or cream are also not permitted.
- Up to 2 hours before the operation, you may drink 1 glass of still water, tea or clear apple juice as desired; after that, no more.
- Please take your morning medication as agreed with your doctor, preferably with a sip of water. Exception: diabetes medication and blood thinners.



Leave jewellery, piercings and valuables at home (UKJ accepts no liability) and do not wear make-up, nail polish or artificial nails.



Bring your mobile phone and, if necessary, a light snack, and wear comfortable clothing.



You will be assigned your own locker; glasses, hearing aids, contact lenses and / or dentures should be left in your locker.



After the operation, you will be monitored in our recovery room for 0.5–2 hours, depending on the procedure and your condition.



It is necessary for an adult to pick you up and accompany you home.